

THE AUGUSTINIAN

“Tolle Lege”

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St. Augustine High School



Preparation for WCEA Accreditation



WCEA Co-Chairs Mr. Linville and Mr. Hecht celebrate a successful WASC evaluation.

Photo Courtesy of Julie Cantillon

By Michael Senoff ('18)
MANAGING EDITOR

It was less than a month ago that Saints hosted a committee of members representing WCEA-WASC. The administration, faculty, and staff had been preparing for their arrival for months, and even the students were in on it, with teachers drilling the ISO's into their brains in the weeks leading up to the big visit. While the team was here, they observed classes, held meetings, and interviewed students. To appreciate the combined work of

the WCEA visitation team and the Saints faculty, it is important to understand the process in full and the organization itself.

WASC stands for the Western Association of Schools and Colleges, but the visiting team was more specifically representing the WCEA, the Western Catholic Education Association, a WASC partner. The WCEA's job entails visiting schools and studying their student life, academics, finances, and administration. They create a report that is then sent to WASC for final review and approval of accreditation. If a school can demonstrate

excellence, it is accredited, and WCEA would not have to make another visit for another six years. However, if there are critical areas for growth that need to be addressed, a school might see another visit in just a few years.

“Our report goes to WCEA and then it goes to WASC, and the WCEA grades our report. Based off that grade they send a recommendation to WASC. They give us the seal of approval,” said Mr. Linville, one of Saints WCEA co-chairs.

The committee chosen to evaluate Saints was made up of different teachers and edu-

cational administrators from the West Coast, chaired by Dr. Merritt Hemenway, Principal of Damien High in La Verne. Joining him were Dr. Julie Cantillon, the Associate Director of Schools for the Diocese of San Diego; Mark Sperrazo, Principal at St. Therese in Del Cerro; Jimmy Tricco, Principal of Xavier Prep in Palm Desert; and Amanda Gustafson, Religion and English Teacher at Cathedral Catholic High School.

Saints began to prepare for their visit roughly two years ahead of time, but the most intense work began late in the last school year. Administrators, teachers, parents, and select students were split into five groups that would each evaluate different facets of the Saints experience: Catholic Identity, School Organization, Teaching and Learning, Student Support, and Material Stewardship.

Each group created a report containing a summary of strengths and areas of growth that pertained to their focus. These summaries were backed by evidence taken from the Saints data libraries which were compiled through self-studies, polls, and surveys. The self-study was led by Mr. Hecht and Mr. Linville, who made sure that everything was ready for the WCEA committee visit which took place February 11-14.

The process began with an evening reception on Sunday, February 11. This gave everyone involved the opportunity to give the committee a warm welcome to Saints. All were treated to hors d'oeuvres from Marty's Kitchen and live music from the Saints Strings Club in the meet and greet.

Then, from the 12th to the 14th, the committee read through reports and data libraries, observed classes, talked with students, and

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Coach Sanchez Tackles New Career at SDSU

By Michael Mallucci ('18)
STAFF WRITER

After a long and memorable run, the Saints community had to say goodbye to beloved varsity football coach Richard Sanchez. In early January, Sanchez, who had headed the Saints football program since 2009, accepted a coaching position with the San Diego State Aztecs as the new secondary and special teams coordinator.

The news surfaced during the 2018 Intersession; many first learned of the development when it was publicized via Saints social media.

Athletic Director Mike Stephenson had some heartfelt words to share in response to his departure.

“What we're all going to miss most about Coach Sanchez is not just his ability to coach and get his players to do what's necessary to win, but the way he epitomizes the Saints experience. He represented us well in the public and brought a certain kind of class to our campus.”

Coach Sanchez, a San Diego native who attended Sweetwater High School, played college football at New Mexico State University and received a Bachelor of Science Degree in Education. Eventually, he started his coaching career in 1995 with Montclair High School in San Bernardino County.

After three seasons there, he returned



The Saints Football family wishes Coach Sanchez all the best at SDSU.

Photo Courtesy of Coach Kremer

to San Diego, his home town, and, along with coaching, ran the whole athletic department for the Cavers of San Diego High School for two years. He then experienced a period of on-and-off contract negotiations with various other high schools and universities before finally arriving at Saints.

During his nine-year campaign with St. Augustine High School, Coach Sanchez, with a 3:1 win-loss ratio, tallied 86 total regular season victories, the most in school

history. He also accumulated five Eastern League titles and guided multiple KUSI Silver Pigskin Player of the Year candidates down their paths of development and maturity.

“Whether he was yelling at me on the field, or just talking to me around campus, I knew I could always go to him and he would be willing to listen. Coach Sanchez helped mold me and shape me into the man I am today,” said senior Ryan Thomas.

Sanchez taught his players how to grow in both their football skills and as young men. Varsity football player Michael Ambagtsheer gave some kind words on his experience with Coach Sanchez.

“Coach Sanchez was one of the most inspiring, loveable, and respected coaches that will ever walk the face of this Earth.”

Perhaps his most notable accomplish-

SEE SANCHEZ, pg. 2

Grandparents Inspire Grand Celebration



A gathering of grandparents graced the grounds of campus for brunch and Mass.

Ian Haliburton ('18)



By Liam Brucker-Casey ('19)
EDITOR

On March 2nd, Saints held its 28th annual Grandparents Day, the first to take place since the completion of the new John Sanders Gym.

Grandparents Day is never ordinary. Students with grandparents were allowed to miss block six, and the classes themselves were only thirty minutes long in order to make time for Mass, which was the highlight of the day. At 10:45, Saintsmen were given buttons and flowers to offer to their grandparents before giving them a tour of the campus. Saintsmen were given

suggestions of areas on campus that would interest grandparents like lockers, classrooms, and the library.

"My grandparents really liked seeing the new gym because they had never seen it before," said freshman Mark Lujan. "I really enjoyed showing them everything!"

2018's was the first Saints Grandparents Day held since the 2015-2016 school year, when construction on the new gymnasium began. Mrs. Karene Evenson, Mr. Horne's Administrative Assistant, was in charge of the event, just as she has been for the past two decades. The event itself had been held for six years before Mrs. Evenson was hired.

Mrs. Evenson said, "I think it went very smoothly, [it was] very well received by all the grandparents, and I've had many people say how great it was to be here with their grandsons."

Since the new Sanders Gymnasium is now completed, Saintsmen and grandparents alike can again look forward to a Saints Grandparents Day every year. Mrs. Evenson took great pains to ensure that the 28th would be enjoyable for all. Preparations for the event began way back in October.

Nearly five hundred grandparents attended the event. The Austin Parents Association provided them with delicious pastries and cookies. One needed only look out

at the sea of smiling faces to see that all in attendance took delight in the event.

"From the first moment to the last, I am deeply impressed by the discipline, the cooperation, and the organization, that really made it feel as though they truly work as a team," said Georgia Eros, grandmother of junior Alejandro Eros.

As usual, the day culminated with the celebration of Mass dedicated to all the grandparents in attendance. With Chaplain Emeritus Fr. Bob Gavotto presiding, grandparents were able to get a taste of the Saints experience at our Mass. Father Bob, who recently turned eighty, referenced his own grandparents in his homily.

Everyone is of course looking forward to next year's 29th Annual Grandparents Day. Everyone loves grandparents—and everyone also loves 30 minute periods.

► SANCHEZ

Continued from Page 1

ment with the purple and gold, however, was appearing in five consecutive CIF championship games from 2012 to 2016—two in Division II, two in Division I, and one in the Open Division.

When asked what he'll miss most about Saints, Sanchez had this to say:

"I'll miss the emotional memories. It's never an easy transition, particularly when you spend years developing relationships with students, teachers, administrators, and, most importantly, members of an unbelievable coaching staff."

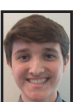
Coach Joe Kremer will succeed Sanchez as head football coach.

The Saints Community would like to thank you, Coach Sanchez for everything you've done for St. Augustine High School, on and off the football field. The Saints family wishes you the best of luck!

Four Seniors Recognized as National Merit Finalists



Four seniors earned the title of National Merit Scholarship Finalist.



By Matt Anguiano ('19)
EDITOR

Every year, around 1.4 million juniors take the PSAT. Of those 1.4 million juniors, the National Merit Program selects the highest scoring juniors to be recognized. The 50,000 highest scorers are notified about their status during their senior year.

Those recognized as semi-finalists for the National Merit Program are asked to fill out an application in order

to qualify for the chance to become a Finalist. To complete the application, the qualifying student has to submit school records, teacher recommendations, and personal essays.

This school year, ten Saintsmen were recognized by the National Merit Program: Sebastian Larson Moreno, Nick Vecchioni, James Callahan, Ian Haliburton, Luc Charlier, Matthew Tran, Jason Misleh, Ryan Wilson, Fernando Hernandez, and Nick Fudge. These Saintsmen were recognized, but four of them went

on to be considered as Semi-Finalists.

After the Program has gone through the submitted applications, 15,000 of the students who were recognized are chosen to be National Merit Scholarship finalists. Those that were nominated for this honor were Nick Fudge, Jason Misleh, Ian Haliburton, and Nick Vecchioni.

For the National Merit finalists this year, there are three different types of scholarships being offered. Each finalist may only be selected for one of the three

scholarships.

The first type of scholarship offered by the National Merit Scholarship Corporation is \$2,500 given by the program itself. Out of the 15,000 Finalists, only 2,500 are given this scholarship.

Finalists may also be considered for a scholarship that has been sponsored by one of the Program's 1,000 different corporate sponsors, such as GEICO.

The selected students can also be potentially given scholarship funding through college-sponsored Merit Scholarship awards. However, in order to receive money from these colleges, the students must meet specific criteria.

"After being chosen as a finalist, you receive a lot of scholarship offers from colleges around the nation, but my first choice for scholarships would have to be Harvey Mudd College," said finalist Jason Misleh. "However, before I can qualify for the scholarship, I have to get into the school. If I do get in, the money they'd give me could be in the vicinity of \$2,500 to \$10,000."

Beyond their impending college experiences, the finalists look forward to what they want to do later in life. The basis of the scholarship is meant to encourage students to pursue their goals beyond college.

"After I graduate from college and have majored in Chemistry, I hope to get a Masters' degree," Misleh said. "As a career, I want to do environmental chemistry research with groups involved in chemical pollution prevention, like HAZMAT."

Through providing academically-outstanding students with funding to help pay for college, the National Merit Scholarship Corporation hopes to inspire them to go into the world with hopes of making it a better place.

Chaplain's Corner

Fasting and Feasting This Lenten Season



By Fr. Kirk Davis, O.S.A.
COLUMNIST



Lent is a season that invites us to pray, fast and give alms in both traditional and non-traditional ways.

The traditional ways are many: you may be giving something up as part of your fast. You may be more mindful about financially supporting those around you in need. You may decide to attend daily mass or follow some other special practice of prayer during Lent.

All of these disciplines create spaces in our hearts and souls to show the face of Jesus to those around us. I invite you to consider some of the following ways you might approach fasting this Lent:

Fast from judging others; feast on Christ dwelling in them

Fast from bitterness; feast on forgiveness

Fast from words that pollute; feast on phrases that purify

Fast from self-concern; feast on compassion for others

Fast from pessimism; feast on optimism

Fast from anger; feast on patience

Fast from complaining; feast on appreciation

Fast from discouragement; feast on hope

Fast from idle gossip; feast on purposeful affirmation

Fast from worry; feast on prayer

Finally, ask yourselves:

Where do I need to change a NO into a YES? Where do I need to change a YES into a NO? Who and what do I need to pray for?

► WCEA

Continued from Page 1

held meetings. In these meetings, the committee asked those in attendance questions pertaining to the five aforementioned focuses. The week concluded with a presentation in the chapel led by the WCEA committee. In this presentation, the committee revealed their findings. The presentation was positive, yet it also gave Saints several goals in order to make our school even better.

The affirmed areas of growth arose from the school's own 18 month self-study. Among these goals were enhancing engagement and connectivity with teachers and classmates through the use of Blackbaud and Canvas, deepening and strengthening relationships with alumni, increasing funding to support tuition aid, and creating formal support and accommodations for students with learning differences.

The accreditation process offered student ambassadors a unique opportunity to collaborate in evaluating Saints.

"We showed them what the Saints experience is all about, and their feedback was great," said senior Sebastian Rohr, a student ambassador. "Overall, it went really well, and we represented the Saints community at its best."

The complete list of strengths and areas of growth will be made available in the full report due to be released in May.

"They loved our data library so much that they asked us for permission to use ours as a model for other people at WCEA, which is pretty big, so we're pretty hopeful," said Mr. Linville. The administration is certainly optimistic (but not presumptuous) that it will receive a six year reaccreditation with no intermediate visitations necessary.

THE AUGUSTINIAN

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BECOME A PART OF

THE AUGUSTINIAN

Whether you are a talented writer, photographer, or comic book artist, we are always looking for new members.

Meetings are every Tuesday at lunch in room 318 and our email is saintsnewspaper@gmail.com.

Poems From AP Spanish Literature

Everyone knows the basic world languages classes that are offered at Saints. There are Latin classes, French classes, and Spanish classes. Each language has an AP language course offered as well. For Spanish, uniquely, there is also an AP literature class that goes quietly under the radar. We at *The Augustinian* wondered what the AP Spanish Literature students were up to, so we asked. They responded through poetry. What follows are a few of the odes that the students wrote while studying various poetic forms and literary devices, as well as an English translation.

Diego Gonzales "Oda a California"

Es un lugar espectacular con clima singular. Que la gente usa chanclas donde el sol no te mancha.

It's a spectacular place with a unique climate. Where the people wear sandals, and the sun kisses your skin.

Donde puedes ir la Jolla para ir a escalar e ir a Coronado a meterte a nadar. Vivir en un lugar muy bonito para ir a caminar. Y también donde el sol es para disfrutar.

Where you can go to La Jolla to hike and go to Coronado to swim. Living in such a beautiful place, taking a walk where the sun stays for your enjoyment.

Cuando comes la langosta. Su suavidad extremosa. Hasta al más exigente paladar lo hace suspirar.

When you eat the lobster with its bountiful flavor, it can please even the most demanding palate.

Donde hay desierto y mar para comer y disfrutar. Donde están los mejores mariscos para dar uno buenos mordiscos.

Where there is desert and ocean from which to eat and enjoy. Where you find the best seafood from which to take a bite.

Donde puedes ir a estudiar cuando también puedes ir a surfear. Donde vas a pescar en lugar de trabajar.

Where you go to study and also to surf. Where you fish instead of having to work.

Jose Fimbres "Oda a Tijuana"

Tijuana
Donde todos se conocen
Donde la comida no falla
Donde te la pasas bien de Día y de noche.

Tijuana
El clima perfecto, memorias inolvidables. Ciudad de la frontera, privilegios de la vecina que no cualquiera. El pueblo que no duerme donde las amistades son eternas, y que se hacen con abrir y cerrar los ojos. De ser un cerro grande en medio de la nada, a una ciudad mágica.

Luis Andrade "Oda a la Pelota"

Mientras la pelota vuela y se conecta de un desconocido a otro, muchas cosas van cambiando. Mientras la pelota se pasa, desconocidos se convierten en hermanos, señores se convierten en niños, un grupo forma una familia. Mientras la pelota toca la red, hay gritos apasionados y lágrimas de tristeza, pero no cualquiera lo entiende. Mientras que la pelota viaja, los hermanos se imaginan y sueñan de lo que será el partido fuera de casa. Mientras la pelota les enseña qué bonito es ganar y qué tan triste es perder, la experiencia no se compara.

Tijuana
Where everyone knows your name
Where the food is impeccable
Where you spend beautiful days from morning to night.

Tijuana
The perfect weather, unforgettable memories
City upon the border, privileged with a neighbor like no other.
The city that doesn't sleep where friendships are eternal, and you can form them in the blink of an eye.
You rose from being a big hill among nothing, to a magical city.

As the ball flies and connects from one unknown to the next, many things are changing. While the ball is passed strangers become brothers, adults become like children, a group becomes a family. As the ball hits the net there are passionate yells and tears of sadness, but not just anyone understands. As the ball travels, brothers imagine and dream of what will be in the away game. As the ball shows you how beautiful it is to win and how sad it is to lose, nothing compares to this experience.

Antonio Padilla "Oda a La Baja"

Los desiertos solos. Estrellas alumbrando el camino. Sol fuerte y caliente. Clima seco y ardiente. Las montañas solitarias que guardan secretos por décadas y siglos. Horas pasan viendo al horizonte largo y estrecho con solo una cosa en mente... nada. El calor de la fogata en la noche seca el sudor de la frente y calienta tu cuerpo, también el chocolate caliente sobre las brasas. La Luna alumbrando el paraíso como el sol; solo ves los rayos azules y maravillosos de ella. Gente viene a este lugar para descansar y para buscar aventuras. Nuestro vecino, La Baja California.

The lonely deserts. Stars illuminating the paths. A strong, warm sun. A dry, ardent climate. The solitary mountains that protect secrets for decades and centuries. Hours pass as you watch the long, expansive horizon with only one thing on your mind... nothing. The heat of the campfire at night dries the sweat from your forehead and warms you as does the chocolate over the fire. The moon now illuminates this paradise like the sun; you only see her marvelous blue rays. People come to this place to rest and to find adventure. Our neighbor, Baja California

Saints Rugby Secures the Shield



By Carlos
Lopez-Tenorio ('18)
STAFF WRITER

After an amazing season this year, the Saints Rugby Team finished with a 5-1 record, tying with La Costa Canyon and Torrey Pines for first place. However, due to extra points gained from closed games, victories, and scores, they managed to win the local league trophy for the 2017-2018 season.

Earlier in the season they also beat Cathedral in an exciting match that saw a couple of injuries, including a broken nose. Of course, in the end, it was all worth it for the victory. Their effort resulted in Saints bringing the Charity Cup back home this year. It will be up to next year's team to make sure it stays at Saints.

Though it may come as a surprise, Rugby is still not a CIF sport. Nonetheless, the whole league is run with CIF standards.

"The next step is to hopefully become a CIF sport," said Mr. Dent, the head coach of the Saints Rugby Club. "The whole league is organized and regulated so that when the day comes, and CIF officials offer to consider rugby, we can show them we have been running the league with their strict standards and regulations."

Currently, the Saints team plays within the Red Division which is only for players from one school. The second highest division is the White Division which has about 75% of students from one school and the rest from the others.

"Southern California has one of the best rugby programs in the nation. We are very proud to be competing for the top places. It really shows how good of a team we have,"



The rugby team celebrates a decisive win against La Costa Canyon.

Mr. Dent said.

The next step for the team was to obtain the Southern California Title. The team took the first step by beating La Costa Canyon (LCC) after an astonishing 59-10 score on Saturday February 17th in the semi-finals. Excited and motivated, they moved into the

finals ready to face St. John Bosco of Los Angeles. The encounter took place at Torrey Pines on Saturday, February 24th. The Saints lost, but they undeniably fought with great heart.

"It was a really close game, but their speed and size gave them an edge and we

just couldn't hold on," said Captain Sebastian Roher, a senior.

Nevertheless, the Saints Rugby Team gave us all an amazing season. In the name of the whole Saints community, we congratulate you and thank you!

Photo Courtesy of Janet Colucci

Saintsmen Meet With Famous Pro-Life Advocate



By Joey Rougas ('19)
GUEST WRITER

On February 28th, fifteen Saintsmen travelled to Cathedral Catholic High School to listen to Sr. Helen Prejean. Sr. Prejean, C.S.J., is a member of the Roman Catholic Sisters, a member of the Congregation of St. Joseph, and the leading member of the American movement to abolish the death penalty.

Sister Helen began her prison ministry in 1981 when she dedicated her life to the poor of New Orleans. While living in the St. Thomas housing project, she became pen pals with Patrick Sonnier, a convicted killer of two teenagers who was sentenced to die in the electric chair at Louisiana's Angola State Prison.

Upon Sonnier's request, Sister Helen repeatedly visited him as his spiritual advisor. In doing so, her eyes were opened to the Louisiana execution process. Sister Helen turned her experiences into a book that made the 1994 American Library Association Notable Book List. *Dead Man Walking: An Eyewitness Account of the Death Penalty* was number one on the New York Times Best Seller List for 31 weeks. It also was an international best seller and has been translated into ten different languages.

In January 1996, the book was developed into a major motion picture starring Susan Sarandon as Sister Helen and Sean Penn as a death row inmate. Produced by Polygram Pictures, the film was directed and written by Tim Robbins. The movie received four Oscar nominations, including Tim Robbins for Best Director, Sean Penn for Best Actor, Susan Sarandon for Best Actress, and Bruce Springsteen's "Dead Man Walking" for Best Song. Susan Sarandon won the award for Best Actress. The book became the basis for a new opera which premiered in October, 2000 through the San Francisco Opera.



Juniors and Seniors attended a lecture given by Sister Helen Prejean.

Sr. Prejean even dialogued with Saint Pope John Paul II about condemning execution more vigorously.

The combined Saints/Cathedral audience was captivated by Sr. Prejean's passion, and her speech was anything but passive.

"The death penalty is one of the great moral issues facing our country, yet most people rarely think about it and very few of us take the time to delve deeply enough into this issue to be able to make an informed decision about it," she said.

She actively challenged the audience to change their preconceived notions of what it means to be pro-life. She eloquently spoke about her first hand experience with people on death row. She encouraged everyone to think about how being pro-life encompasses more than being "anti-abortion." She said being a pro-life Catholic involves "promoting life from the womb to the tomb." Sr. Prejean even claims that the duties of being pro-life extend past human matters to the life of the environment.

Towards the conclusion of her speech, Sr. Helen urged the students to take action. She was very adamant about the role young people have in the battle to abolish the death penalty. She gave the example of the Parkland Shooting survivors and their activism to reshape gun legislation with their own hands. Sr. Prejean did not fail to mention the importance of voting and the immense power high school students will wield. Hopefully the Saintsmen took to heart Sr. Prejean's message and will carry the light of justice to their peers.

Photo Courtesy of Campus Ministry

The Almost 10th Anniversary of Intercession



By Alejandro Eros ('19)
EDITOR

Next January will mark the tenth anniversary of the institution at Saints known as Intercession. The majority of students consider it the most enjoyable time of the Saints academic year and Saints experience, and it's also one of the major selling points to eighth graders who are considering attending Saints. As such, this article will take a look back at how this great and successful program began.

Some of us take Intercession for granted and fail to realize that it didn't always exist at Saints; in the scope of the entire history of the school, it's fairly new. It all started in 2008 because of a request from the Board of Directors.

An Intercession had already been in place at Cascia Hall Preparatory School, an Augustinian school in Tulsa, Oklahoma, so our administration used them as a model. Uniquely, however, they call their Intercession a "Minimester."

Before Intercession was implemented, the first semester ended in the second week of January, and second semester began right afterwards. With Intercession, the semester schedule was changed so that final exams were moved from January to before Christmas vacation. Thus, the entire month of January was devoted to a single class.

Some of the faculty at Saints were skeptical at first, but as is apparent now, the program has blossomed into a great learning opportunity for Saintsmen. Others were enthusiastic and had great ideas for courses to teach, such as cycling, fishing, aquatic sports, and cooking.

Intercession also offered an opportunity for the speech requirement to be fulfilled, and thus it was installed as a freshman course. For seniors it started as an opportunity for internships at various places of work. At first not all interned, but now the vast majority do. For the rest of the student body, intercession became a break from academics and a chance to grow in ways that are not strictly academic.



The Intercession Expo returned to campus this year in the Commons.

Photo courtesy of Mr. Hecht

Marine Biology was designed to give students knowledge about the ocean, and allow the opportunity to become scuba certified.

"Not only was the diving fun, but so was the kayaking, whale watching, and the trip to the Birch Aquarium," said junior Richard Squillaro.

Robotics, architecture, and engineering give students a chance to build robots, structures, and Rube Goldberg machines.

"I learned how to problem solve from the challenges in robotics, and I really enjoyed learning how to solder," said sophomore AJ Lee.

Aquatic Sports taught students how to sail and surf for the tenth consecutive year, and they held their annual picnic at the Mission Bay Aquatic Center. Students enjoyed attempting to capsize other students' boats, including one carrying some Saints teachers. Aquatic Sports Intercession boasts the ability to teach sailing while also teaching the importance of working together.

"My favorite moment was when we

pulled up our hobie next to another boat, and David Davalos tried to board our boat, but when he had a foot on each boat, we steered apart, making him do the splits," said sophomore Alex Wenhe.

In the cooking Intercession class, students found their culinary side and fed their brains as well as their appetites.

"I really liked making Mexican fried ice cream, and the inside jokes we had were pretty funny," said junior Adrian Abeyta.

The film course consisted of lessons on the history of the film industry along with guidance on acting, producing, and directing films.

A few Saintsmen also had the opportunity to go to Guatemala for a Christian Service trip.

"We saw a really cool volcanic eruption in the distance. I had never seen a volcano erupt, so it was awesome to see the huge cloud of smoke cover the sky," said junior George Demerlier

Cycling was a very small class, but the

students improved their skills and endurance on a bicycle while seeing all parts of San Diego. "It was a good time to enjoy the sights of San Diego and spend some time in the saddle," said junior Nate Cherry.

Students learned a new sport in their Racquetball course, and they had the chance to play against two professional players. The students were obliterated, but it was a good learning opportunity.

This year was also the return of the Intercession Expo, an event held in the gym that allows each course to showcase the products of its curriculum.

Aside from the satisfying feeling of making students from other high schools jealous by recounting our experiences of Intercession, the best parts about it are the lasting memories we forged together. It is a time of fun and learning that can't be found in a regular school course, and a great break from the rigor of the academic year. If only it lasted more than one month...

Intercession Internships Go International



By Sebastian Larson
Moreno ('18)
STAFF WRITER

A few Saints seniors took advantage of the Intercession internship program to gain experience in the workplace beyond our borders. Seniors Ryan Cummins, Nick Marty, Patrick Lloyd, Lorenzo Mier y Teran, Jack Browning, and Adam Gainor traveled all the way to Ireland to work at Artesyn Bio-solutions, a biopharmaceutical company that specializes in innovation in the systems for processing medicines.

These students were able to work on three main facets of Artesyn's workflow: financials, product design, and hands on construction. Using Microsoft Excel, they were able to calculate the different costs for a product depending on the different materials used during construction.

"Learning how to move around better on Excel and learning all the different little shortcuts will be huge for the future because I'll be using Microsoft Excel for a lot of things," Marty said.

They also used Fusion 360, a program used to make three dimensional models of what the product would look like. After having designed the product, these Saintsmen were on the shop floor assembling their product. In Ireland, the group was able to balance work and play as they took off on the weekends to explore not only Ireland but the U.K. as well. During their first weekend in Ireland, they took a tour of Dublin led by former Saintsman Jack Mahone. They walked around Trinity College, Waterford, Kilkenny



These seniors took a break from their Ireland internships to visit Trinity College.

and Dunmore East. In England they were able to visit London and see the Churchill War Rooms, Westminster, and the London Eye.

"It was a great experience; I one hundred percent recommend that if anyone gets this kind of opportunity they take advantage of it," Patrick Lloyd said.

Saints also sent senior Jonathan Engle on an internship abroad. Jonathan reached out to the president of King Oscar Inc. during the summer between his junior and senior years

and organized his internship himself. His time in January was spent in Norway and Poland for two weeks, interning at a Norwegian Seafood company that primarily worked with sardines, anchovies, and salmon. He worked with both Norwegian and Polish seafood markets and went about developing a plan to improve the markets. In Poland, he was able to see the company's factory and brainstormed ways to increase its efficiency.

"I was able to compare the different marketing strategies they use in the US to the

ones used in Europe," Engle said.

In his leisure time, Jonathan was able to go sightseeing in Bergen, Norway and went up Ulriken, the tallest mountain of seven that surround Bergen. On another day, he went to a Norwegian school, and observed the differences between American and European schooling. He was able to do this thanks to his friend's invitation to visit her school.

All interns abroad can attest that combining job experience and travel is the best way to spend Intercession your senior year.

Field Report From Senior Internships



By Mitchell Stoddard ('18)
EDITOR

Most Seniors disappear from campus entirely for the month of January as they make offices, labs and hospitals their second homes. When they return for the first day of class in February, they have had many new experiences and often have interesting stories to tell. To share a few stories, here is a collection of internship summaries from various fields of work.

Adam Tyler: Computer Science

"This January I worked as a Quality Assurance Tester at Sony Playstation in Sorrento Valley. It was a long internship, working eight hours a day for five days a week, but it was well worth it. I learned how to write code for video games, how to function in an office environment, and how to collaborate with a team to produce a result that can be enjoyed by millions. I also discovered the complexity of the different stages of development. I would recommend this internship not just to anyone who enjoys playing video games, but has a curiosity about how they are produced and crafted. I found this internship through Saints."

Andrew Culp: Medicine

"During intercession I had the pleasure of interning with Dr. Tontz and Dr. Peterson who are both Orthopedic Surgeons. Orthopedics is a specialty which concerns itself with the musculoskeletal system. Dr. Tontz is a specialist in spinal surgery and Dr. Peterson is a hand and upper extremity specialist. My duties consisted of observation of both surgery and clinic. I worked at a variety of locations including the California Orthopedics Institute, Paradise Valley Hospital, Mission Valley Surgical Center, and Scripps Mercy Hospital in Hillcrest. This internship gave me an opportunity to see the workings of an operating room as well as an introduction to the basics



Saintsmen connected with professionals in a myriad of fields for their internships.

of orthopedics."

Sebastian Rohrer: BioEngineering

"I worked in a biochemistry lab at the University of California San Diego (UCSD) making polyester foams from algae based polyols and testing their biodegradability. The most valuable thing that I learned from this internship is how a real biology and biochemistry lab operates and I was able to learn to work with chemicals. I found this internship through my own research. I plan on returning over the summer to continue my internship in this field."

Sonny Varcadipone: Veterinary Medicine

"Over the month of January I had the opportunity to work with Dr. Craig Chandler at East County Large Animal Practice. One key thing that I was able to learn from a business perspective was how to manage a private

practice of medicine. There was never a dull moment working under Dr. Chandler. I really appreciated the hands on approach; handling syringes, administering vaccines to horses, and cleaning and dressing wounds. I would recommend this internship to anyone who is interested in the field of veterinary medicine, is comfortable around animals, and ready to get their hands dirty."

Matthew Herrera: Law

"This January I interned at the Char-masson, Buchaca, and Leach law firm. They are a law firm that specializes in intellectual property and civil litigation. I worked all five days of the week and learned to construct a discovery for a case. One of the more interesting concepts that I learned was facets of the protection and preservation of intellectual property. This struck me as particularly

intriguing due to the concept of going to court over an intangible idea. I would recommend this internship to anyone with a passion for law or perhaps a member of mock trial. I found this internship through Mr. Daluz.

Teddy Medina: Government

"I was able to intern with State Assemblymember Todd Gloria. Gloria is the Assemblymember of District 78 which stretches from Chula Vista to Del Cerro. The internship was a great experience because I was able to shadow Gloria in his duties as Assemblymember which ranged from public forums to community events. I was very intrigued to see the application of my studies in AP Government and AP United States History. I would recommend this internship to students with an interest in politics or government.

Sports Med Class Saves Lives



By Luis Andrade ('19)
STAFF WRITER

Saintsmen may at times have a hard time recognizing the usefulness of their classes.

When am I going to use this math in real life? How does reading Romeo and Juliet help anyone? But without a doubt, there is one class which can be visibly applied to real life outside of school: Coach Villa's Anatomy and Sports Medicine.

Over Intercession, senior Patrick Bazzi was headed to the YMCA in Jamul for his daily workout. He pulled up to a stop sign and checked for traffic. There was only one car in sight and it was still a few hundred yards from its stop sign, so Bazzi decided to turn left. Unfortunately, the other car didn't stop. The oncoming vehicle was travelling at ninety miles per hour as it collided with Bazzi's, T-boning him.

"When my car stopped spinning, I checked myself quickly, and I didn't have a single scratch," Bazzi said. "It was a miracle."

Right after that, he went to check on the other driver, who was unfortunately driving under the influence of marijuana. This is where the material Bazzi learned in Coach Villa's Sports Medicine class came in handy.

Bazzi recalled the things he had learned in the first semester of his block five class. Unphased by the frightening wreckage, Mr. Bazzi began by examining the scene as a precaution before approaching the other driver. Next, he used the tap and shout method to determine if the driver was responsive, and thankfully the man was conscious. Fortunately Bazzi's car has a feature that notifies the manufacturer when he is in a collision, so BMW called to ask if he was okay. After explaining what had



Students in the Sports Medicine class learn practical skills from Coach Villa.

happened, Bazzi asked them to call 9-1-1, and provided his exact location along with specific directions on how to find him. As Coach Villa has taught in her classes, it's better for another person to call 9-1-1, if possible, while you are assessing an injury.

Bazzi took care of the impaired driver until an ambulance arrived. Thankfully,

neither driver incurred any serious injuries.

Coach Villa's class can teach Saintsmen valuable skills, as evident in Mr. Bazzi's experience.

Although Bazzi wasn't able to make it to his evening workout, he was glad he was able to put his Sports Medicine skills into practice when they were most needed.

Luis Andrade ('19)

All Sports Medicine students are First-Aid, AED, and CPR certified by the end of the first semester. If you are interested in taking this class, you can take it your junior or senior year. You can also help Coach Villa in the Athletic Training Room and get ahead by learning from her either during lunch or after school.

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Which Teachers Would Win Olympic Gold?



Ian Haliburton ('18)

By Ian Haliburton ('18)
EDITOR-IN-CHIEF

February lit up our television screens and our hearts with the displays of patriotism, sportsmanship, and stunning pageantry that vibrantly unfolded at the Pyeongchang Winter Olympics. My team and I at *The Augustinian* are especially big fans of the Olympics. We believe that the most captivating aspect of the event is the athletes themselves, their charisma, and their inspirational stories of perseverance. A good Olympian is someone you can look up to, someone from whom you can learn.

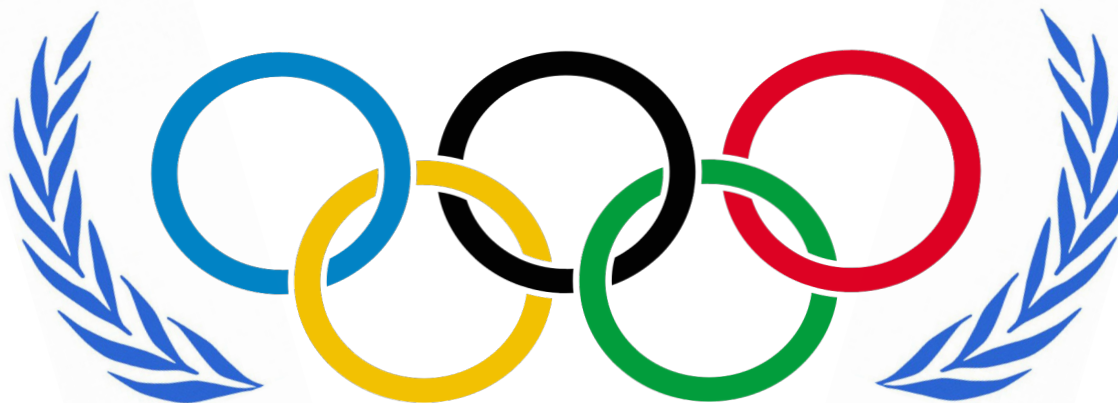
My editors and I thought, "Wait a sec-

ond. You know who else is interesting, has charisma, and has a thing or two to teach us? The Saints faculty!" Following this line of thinking, we began to wonder which teachers would thrive in each Winter Olympic event. Rather than selfishly making the decisions for ourselves, we opened up the discussion to the wider community. Through the *The Augustinian's* Twitter, we asked our audience to help us assemble the elite Saints Winter Olympic Team. With over one hundred responses to each poll, some clear fan favorites emerged. Here is the nominated dream team:

Curling - Coacher (with Mr. Sipper as a very close runner-up), **Figure Skating** - Mr. Cudal, **Speed Skating** - Mr. Yoakum, **Half-pipe** - Mr. O'Beirne, **Skeleton** - Mr. Manley,

Cross Country Skiing - Mr. Lamerato, **Luge** - Mr. Isaak, **Biathlon** - Mr. Hecht

Clearly, there are other events that have gone unrepresented. For those, just picture your personal favorite teachers giving their all and taking home Olympic gold. Otherwise, can't you just feel the sheer potential of this team? If the International Olympic Committee had recognized it, then I bet that our Saints Olympic team could easily have won more gold medals than Australia, New Zealand, Spain and Belgium put together. We would proudly put their hard earned medals and stuffed white tigers on display in the trophy cases of the Sanders gym, where they would gleam beside the likenesses of commendable Saints athletes.



A Saintsman's Obsession

by Austin Max Lalangan ('18)

